

University Preparatory School Middle School Volleyball Clinic with Volleyball1on1.com Registration Form



What: Volleyball1on1 Youth Clinic

When: Wednesday, June 27th

Time: 5-6:30

Where: University
Preparatory School; Stuart Gym

Cost: \$30

Camp Includes: Volleyball1on1.com 6-month online volleyball video tutorial subscription (Valued @ \$149.00).

Player Name: _____ **Grade:** _____

Parent /Guardian Name: _____ **Parent Phone #:** _____

Parent Email _____ **Player Email:** _____

*Make sure emails are legible because this is how Volleyball1on1.com will give you access to their video tutorial website.

PAYMENT DEADLINE: Please return form with check payment to UPREP ASB By June 1st

Volleyball1on1 Modern Coaching System:

The teaching methods Volleyball1on1 Instructors utilize during a Volleyball1on1 camp represent over 25 years of coaching experience along with scientific study of modern volleyball coaching techniques. One of these techniques introduced by legendary player and coach, Karch Kiraly is called "Reading the Game" which offers players cutting edge methods to achieve their fullest playing potential in a much shorter time period than traditional systems. The Volleyball1on1 Modern Coaching system is based on studied scientific principles from human kinetics, organizational behavior, statistics, and psychology. You will learn great techniques, have a lot of fun, and be well prepared to have the best season to come!



Youth Clinic Attendees Will Learn:

- How to develop an effective float serve, How to spike better and harder.
- How to become better learners.
- "Power Posing" - How a players body can affect how they feel on the court.
- How to be better teammates using our "Bump Up" strategy.

About Volleyball1on1:

Volleyball1on1 (www.volleyball1on1.com) is headquartered in Los Angeles, California. Volleyball1on1 is the first (since 2009) and number one instructional volleyball coaching web site in the world featuring over 3000 videos from the absolute best coaches and players in the sport of volleyball sharing insider instructional techniques, drills, practice plans, and more "1 on 1" for you! Andor Gyulai, Founder of Volleyball1on1 is the #1 volleyball instructor in the world on volleyball spiking technique. Please visit this link to learn more:

<http://www.volleyball1on1.com/2-million-and-counting-my-most-popular-volleyball-spiking-videos-on-youtube/>



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