

# SUHSD

September 2022

## Breakfast Menu

- All Breakfasts Are Served With Fruit Or Juice and A Choice Of Chilled Low Fat Milks
- *All menus are subject to change.*

**9-1**  
Bagel Sandwich  
Egg Cheese Bacon Muffin Sandwich  
Cinnamon Rolls  
Assorted Cereals

**9-4**  
**Labor Day**

**9-5**  
Bagel Sandwich/Hash Brown  
Glazed Donut  
Muffin  
Assorted Cereals

**9-6**  
Bagel Sandwich  
Yogurt Parfait/Graham Cracker  
Powdered Donuts  
Assorted Cereals

**9-7**  
Bagel Sandwich/Hash Brown  
Breakfast Burrito  
Frudel  
Assorted Cereals

**9-8**  
Bagel Sandwich  
Egg Cheese Bacon Muffin Sandwich  
Cinnamon Rolls  
Assorted Cereals

**9-11**  
Bagel Sandwich  
French Toast Sticks  
Chocolate Donuts  
Assorted Cereal

**9-12**  
Bagel Sandwich/Hash Brown  
Glazed Donut  
Muffin  
Assorted Cereals

**9-13**  
Bagel Sandwich  
Yogurt Parfait/Graham Cracker  
Powdered Donuts  
Assorted Cereals

**9-14**  
Bagel Sandwich/Hash Brown  
Breakfast Burrito  
Frudel  
Assorted Cereals

**9-15**  
Bagel Sandwich  
Egg Cheese Bacon Muffin Sandwich  
Cinnamon Rolls  
Assorted Cereals

**9-18**  
Bagel Sandwich  
French Toast Sticks  
Chocolate Donuts  
Assorted Cereal

**9-19**  
Bagel Sandwich/Hash Brown  
Glazed Donut  
Muffin  
Assorted Cereals

**9-20**  
Bagel Sandwich  
Yogurt Parfait/Graham Cracker  
Powdered Donuts  
Assorted Cereals

**9-21**  
Bagel Sandwich/Hash Brown  
Breakfast Burrito  
Frudel  
Assorted Cereals

**9-22**  
Bagel Sandwich  
Egg Cheese Bacon Muffin Sandwich  
Cinnamon Rolls  
Assorted Cereals

**9-25**  
Bagel Sandwich  
French Toast Sticks  
Chocolate Donuts  
Assorted Cereal

**9-26**  
Bagel Sandwich/Hash Brown  
Glazed Donut  
Muffin  
Assorted Cereals

**9-27**  
Bagel Sandwich  
Yogurt Parfait/Graham Cracker  
Powdered Donuts  
Assorted Cereals

**9-28**  
Bagel Sandwich/Hash Brown  
Breakfast Burrito  
Frudel  
Assorted Cereals

**9-29**  
Bagel Sandwich  
Egg Cheese Bacon Muffin Sandwich  
Cinnamon Rolls  
Assorted Cereals